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SECOND AMENDMENT MINIMALISM: HELLER AS GRISWOLD

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Abstract

The Court’s decision in District of Columbia v. Heller might be taken in three different ways. First, it might be seen as a modern version of Marbury v. Madison, speaking neutrally for the text, structure, and original understanding of the Constitution. Second, it might be seen as analogous to Lochner v. New York, in which a majority of the Court invoked a dubious understanding of the Constitution in order to override the democratic will. Third, it might be taken as analogous to Griswold v. Connecticut, in which a majority of the Court, proceeding in minimalist fashion, used the Constitution to vindicate the contemporary judgments of a national majority. It is true that in emphasizing constitutional text and structure, the Court spoke in terms close to those in Marbury; indeed, Heller is the most self-consciously originalist opinion in the history of the Supreme Court. It is also true that many historians reject the Court's understanding of the Second Amendment, making it plausible to see the ruling as a modern incarnation of Lochner. But the timing and context of the decision suggest that Griswold is the most illuminating analogy. In both cases, the Court spoke on behalf of the contemporary sentiment of a national majority against a national outlier. The claimed analogy between Griswold and Heller fits well with the fact that Heller is a narrow ruling with strong minimalist elements. No less than the right of privacy, and notwithstanding the backward-looking nature of the Court’s opinion, the right to have guns is likely to evolve over time through case-by-case judgments made under the influence of contemporary social commitments.

I. Introduction

District of Columbia v. Heller1 is the most explicitly and self-consciously originalist opinion in the history of the Supreme Court.2 Well over two hundred years since the framing, the Court has, for essentially the first time, interpreted a constitutional provision with explicit, careful, and detailed reference to its original public meaning.3

It would be possible, in this light, to see Heller as a modern incarnation of Marbury v. Madison,4 at least as that case is understood by some contemporary scholars,5 and to a considerable extent as Chief Justice John Marshall wrote it. In Marbury, the Court also spoke on behalf of what it took to be the text, structure, and original meaning

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2 Of course there are other candidates. See, e.g., Printz v. United States, 521 U.S. 898 (1997); Plaut v. Spendthrift Trust, 514 U.S. 211 (1995). It is important to note as well that the Court embraced a particular species of originalism, one that emphasizes the “original public meaning” rather than the “original intention.”
3 I do not mean to suggest that the Court was right. On the historical dispute, see below.
4 5 U.S. 137 (1803).
5 See, eg, ROBERT CLINTON, MARBURY V. MADISON AND JUDICIAL REVIEW (1989).
of the Constitution.\textsuperscript{6} On one view, \textit{Heller} represents the full flowering of the approach that Chief Justice Marshall imperfectly inaugurated—one that has been abandoned at crucial periods in American history. To its defenders, Heller speaks honestly and neutrally on behalf of the original meaning, and it should be appreciated and applauded for that reason.\textsuperscript{7}

But there is a radically different reading of \textit{Heller}. The constitutional text is ambiguous, and many historians believe that the Second Amendment does not, in fact, create a right to use guns for nonmilitary purposes.\textsuperscript{8} In their view, the Court's reading is untrue to the relevant materials. If they are right, then it is tempting to understand \textit{Heller} not as Marbury but as a modern incarnation of \textit{Lochner v. New York},\textsuperscript{9} in which the Court overrode democratic judgments in favor of a dubious understanding of the Constitution. On this view, it is no accident that the five-justice majority in \textit{Heller} consisted of the most conservative members of the Court (and were all Republican appointees). Perhaps \textit{Heller} is, in the relevant sense, a twenty-first century version of \textit{Lochner}-style substantive due process, and perhaps it marks the beginning of a long series of confrontations between the Supreme Court and the political branches.

On a third view, this characterization badly misses the mark. Heller is more properly characterized as a rerun of its minimalist ruling in \textit{Griswold v. Connecticut}.\textsuperscript{10} In \textit{Griswold}, the Court struck down a Connecticut law banning the use of contraceptives by married couples, under circumstances in which the Connecticut law was plainly inconsistent with a national consensus. The Court worked hard to support its decision by reference to the standard legal materials,\textsuperscript{11} but the national consensus probably provides the best explanation of what the Court did.\textsuperscript{12} Perhaps \textit{Heller} is closely analogous. The Court spoke confidently in terms of the original meaning, but perhaps its ruling is impossible to understand without attending to contemporary values, and in particular to the fact that the provisions that the Court invalidated were national outliers.

In this Comment, I contend that the third view is largely correct, and that Heller will, in the fullness of time, be seen as embracing a kind of Second Amendment

\textsuperscript{6} 5 U.S. at 173-80.
\textsuperscript{7} For an early statement to this effect, see Randy Barnett, Wall Street Journal (June 26, 2008).
\textsuperscript{8} See, e.g., Saul Cornell, A Well-Regulated Militia: The Founding Fathers and the Origins of Gun Control in America (2006); Jack Rakove, The Second Amendment: The Highest Stage of Originalism, 76 Chi. Kent L. Rev. 103, 158 (2001). See also the ambivalent treatment, showing that there are plausible views on both sides, in Mark Tushnet, Out of Range (2007).
\textsuperscript{9} 198 U.S. 45 (1905).
\textsuperscript{10} 381 U.S. 479 (1965).
\textsuperscript{11} Id. at 484-85.
\textsuperscript{12} See Richard A. Posner, Sex and Reason (1994).
minimalism. Notwithstanding the Court’s preoccupation with constitutional text and history, Heller cannot be adequately understood as an effort to channel the document’s original public meaning. The Court may have been wrong on that issue, and even if it was right, a further question remains: Why was the robust individual right to possess guns recognized in 2008, rather than 1958, 1968, 1978, 1988, or 1998? And notwithstanding the possible inclinations of the Court’s most conservative members, Heller is not best seen as a descendent of Lochner. In spite of its radically different methodology, Heller is far closer to Griswold than it is to Marbury or to Lochner.

No less than Griswold, Heller is a narrow rulings with strong minimalist features. And if this view is right, then the development of the gun right, as it is specified over time, will have close parallels to the development of the privacy right. As the law emerges through case-by-case judgments, the scope of the right will have as much to do with contemporary understandings as with historical ones. This point has general implications for constitutional change in the United States, even when the Court contends, in good faith, that it is merely channeling the original meaning or other established sources of constitutional meaning.

II. Heller as Marbury

A. Original Meaning and Blank Slates

For many years, Justice Scalia has contended that the Constitution should be interpreted so as to fit with the original public meaning of the relevant provisions. In his view, the judge’s duty is to track that meaning, not to take account of changing circumstances or new moral commitments. What Justice Scalia seeks is a “solid, rock-hard, unchanging” Constitution. His interest in originalism is explicitly connected with his interest in rule-bound law and in constraining judicial discretion; on his account, originalism is uniquely capable of ensuring that constitutional law is not a matter of judicial will or ad hoc, case-by-case judgments. Indeed, originalism, and rule-bound law, help to protect liberties by stiffening the judicial spine, ensuring respect for constitutional rights even when the political pressure is intense. It is in part because of his enthusiasm for rule-bound law that Justice Scalia rejects the “original intention” in favor of the original meaning. To assess intentions, courts need to ask something

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14 Scalia, supra note, at
16 See id. at 1180. There is a clear connection between this claim and the Court’s rejection of interest-balancing in Heller. See 128 S. Ct. at 2821 (responding to Justice Breyer).
17 Scalia, A Matter of Interpretation, supra note, at
subjective, involving what lies inside particular people’s heads; to ask about meaning, courts can undertake a more objective inquiry.\footnote{id}

Notwithstanding the energy and clarity with which Justice Scalia has argued for his approach, Heller is unique; he has never been able to embed originalism so explicitly and directly in a majority opinion.\footnote{id} On the contrary, originalism has not been a significant theme on either the Rehnquist Court or the Roberts Court.\footnote{id} For this reason, it is stunning to see that Heller is a thoroughly originalist opinion—a significant development, and one that is at least potentially important for the future, certainly of the Second Amendment, and perhaps more generally.

To be sure, the Court’s originalism is less surprising here than it would be in other domains. In the Second Amendment context, the Court had sparse precedents\footnote{id} with which to work; the cases were neither recent nor carefully reasoned, and it was clear that the Court did not much like what it found.\footnote{128 S. Ct. at 2814-15.} In a sense, the question in Heller was one of first impression, or at least it could be so taken. In answering that question, many judges might be drawn to the original understanding even if they would not consider it, or give it a great deal of weight, if they were writing on an unclean slate.

But we should be careful about this point, for it is hardly inevitable that the Court would be drawn to originalism even when it lacked doctrinal signposts. After all, circumstances have changed dramatically since the ratification of the Second Amendment, making it tempting to follow the text but not to the original meaning. The twenty-first century United States is radically different from the eighteenth-century United States, in a way that seems to complicate and perhaps even to confound any formal of originalism.\footnote{See Cornell, supra note; Rakove, supra note.} Compare the First Amendment: In approaching the meaning of that amendment in the context of commercial advertising, the Court did not ask about the original understanding, even though the precedents were sparse in that domain as well.\footnote{Virginia State Pharmacy Board v. Virginia Citizens Consumers Council, 425 U.S. 748 (1978).}

In its first serious encounter with the question of affirmative action, the Court’s members

\footnote{id} Id.
\footnote{id} In some cases, however, there have been unmistakable originalist features. See, e.g., Crawford v. Washington, 541 U.S. 36, 42-43 (2004). For a valuable discussion, see Stephanos Bibas, Originalism and Formalism in Criminal Procedure: The Triumph of Justice Scalia, the Unlikely Friend of Criminal Defendants?, 94 GEO. L.J. 183, 201 (2005).
\footnote{128 S. Ct. at 2814-15.}
spent essentially no time with the original meaning.\textsuperscript{25} The same is true with the pivotal cases involving discrimination on the basis of sex.\textsuperscript{26} The Court’s decisions involving sexually explicit materials were not originalist, even when the Court had few precedents with which to work.\textsuperscript{27} Originalism seems to have more appeal when doctrine is not developed, but the Court has not regularly spoken in originalist terms even when doctrine barely exists.\textsuperscript{28}

Moreover, judges who believe in some kind of “moral reading” of the Constitution might attempt to make best moral sense of the relevant provision, rather than to track the understandings of over two centuries ago.\textsuperscript{29} What is noteworthy is that no opinion in Heller approached the constitutional question in these terms, at least not explicitly. Justice Scalia’s thoroughly originalist opinion commanded a majority of the Court, and Justice Scalia’s distinctive brand of originalism, involving the original public meaning, was clearly ascendant. Indeed, the dissenters spoke in largely originalist terms as well, although Justice Breyer’s plea for balancing had pragmatic as well as originalist elements.\textsuperscript{30}

B. Marbury, Originalism, and Timing

Taken as a full-scale vindication of originalist methodology, Heller has few clear precedents,\textsuperscript{31} even in the founding era.\textsuperscript{32} An imperfect but highly salient analogy is Marbury.\textsuperscript{33} In recognizing the power of judicial review, Chief Justice Marshall placed a

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\textsuperscript{26} See, e.g., Reed v. Reed, 404 U.S. 71 (1971); Califano v. Goldfarb, 430 U.S. 199 (1977).
\textsuperscript{27} See, e.g., Roth v. United States, 354 U.S. 476 (1957).
\textsuperscript{28} For an illuminating discussion, see Adam Samaha, Originalism’s Expiration Date (unpublished manuscript 2008).
\textsuperscript{29} See RONALD DWORKIN, FREEDOM’S LAW (1995).
\textsuperscript{30} See Heller, 128 S. Ct. at 2851 – 53 (Breyer, J., dissenting). Note that Stevens also emphasized judicial precedents, see id. at 2823 (Stevens, J., dissenting), longstanding traditions, id. at 2842 – 45, and the need for judicia deference to reasonable legislative judgments. Id. at 2846 – 47 & n.39.
\textsuperscript{31} But see note supra.
\textsuperscript{32} The Court’s clearest embrace of originalism, in its first century, occurs in Dred Scott v. Sandford, 60 U.S. 393, 405 (1857): “It is not the province of the court to decide upon the justice or injustice, the policy or impolicy, of these laws. The decision of that question belonged to the political or law-making power; to those who formed the sovereignty and framed the Constitution. The duty of the court is, to interpret the instrument they have framed, with the best lights we can obtain on the subject, and to administer it as we find it, according to its true intent and meaning when it was adopted.” Note that in Dred Scott, the Court spoke in terms of original intentions, not original public meaning.
\textsuperscript{33} For a illuminating discussion, with close reference to the context, see BRUCE A. ACKERMAN, THE FAILURE OF THE FOUNDING FATHERS (2006).
\end{flushleft}
great deal of emphasis on the constitutional text and structure.34 True, he did not speak directly in terms of the original public meaning. But some of the foundations of his approach were textualist,35 with his emphasis on the Supremacy Clause and the judicial oath. Indeed, it would not be implausible to say that he was attempting to channel the original understanding of the text. Some modern defenses of Marbury conclude that the Court’s conclusion was indeed consistent with originalist methodology.36 Marbury could easily have been written in originalist terms, and any such opinion would overlap with Chief Justice Marshall’s own.

I do not mean to say anything controversial about Marbury here. But perhaps Heller represents a far more through, careful, and sophisticated version of Marbury’s approach—one that, well over two hundred years since the founding, attempts humbly and faithfully to recover and to implement the original judgment of We the People.37 In seeing Heller as Marbury, then, I am taking Marbury to be a reasonable rendering of that original judgment, in a case that has unique salience in the canon of constitutional law.

This understanding of Heller is not at all implausible. The Court’s reading of text and history was hardly preposterous38; whether or not the Court’s approach was competent,39 it grappled with textual and historical arguments on all sides. But as a full account of what the Court did, the understanding runs into two serious problems.40 The first is that the original meaning of the Second Amendment is greatly contested and many historians reject the Court’s conclusion—an issue to which I will shortly turn.

The second problem is less straightforward but equally fundamental: Even if the Court’s understanding of the original public meaning is correct, why did the Court vindicate that understanding in 2008? Why not in 1958, 1968, 1978, 1988, or 1998? Between 194241 and 2001,42 lower courts had been virtually unanimous in rejecting the view that the Second Amendment creates an individual right to use guns for nonmilitary

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34 5 U.S. at 180 “Thus, the particular phraseology of the constitution of the United States confirms and strengthens the principle, supposed to be essential to all written constitutions, that a law repugnant to the constitution is void; and that courts, as well as other departments, are bound by that instrument.” [quote]
35 Id.
36 See Clinton, supra note. For a very different understanding, see Ackerman, supra note.
37 For a brief suggestion to this effect, see Barnett, supra note.
38 See MARK TUSHNET, OUT OF RANGE (2007) (suggesting that while the question is close, the original understanding is best read to create an individual right to have guns).
39 For some doubts on that score from one of the leading historians of the founding period, see Jack Rakove, http://balkin.blogspot.com/2008/06/thoughts-on-heller-from-real-historian.html
40 I put to one side some conceptual issues with attempting the originalist project under changed circumstances. See CASS R. SUNSTEIN, RADICALS IN ROBES (2005).
41 Cases v. United States, 131 F2d 916 (1st Cir 1942).
42 U.S. v. Emerson, 270 F.3d 203 (5th Cir 2001).
purposes. A quiz question: When was the first time a lower federal court invoked the Second Amendment to invalidate a state or federal law? Answer: Heller itself, in 2007.\(^{43}\)

In well over a half century, the Court has many opportunities to reject the established view within the lower federal courts; it never did so. Indeed, no member of the Court, for many decades, suggested an inclination to hold that the Second Amendment protects the right to have a gun for nonmilitary uses. Why did the Court accept that view in 2008?

The answer has everything to do with the particular context in which the Heller Court wrote—the context that led the Court to be composed as it was, and to have the inclinations that it did. In terms of judicial as well as public convictions, it would be a mistake to underrate the influence of a powerful and aggressive social movement in favor of recognizing an individual right to have guns for nonmilitary purposes.\(^{44}\) In part as a result of the immense influence of that movement, strong national majorities have come to favor that right.\(^{45}\) Indeed, national opposition to a ban on handguns has been larger and more consistent in recent years than in the 1950s, 1960s, 1970s, and 1980s.\(^{46}\) Politicians of both parties strongly favor some kind of individual right to have guns, and the central holding of Heller is thus fully consistent with the view of national leaders as well as that of most citizens. It is revealing in this regard that both nominees for the presidency—Barack Obama and John McCain—greeted Heller with general enthusiasm.\(^{47}\)

Indeed, judicial rejection of an individual right to have guns for nonmilitary purposes would have produced a high degree of public outrage, thus making the Court, and its rejection of that right, a salient part of national politics. Any ruling against an individual right to have guns for purposes of self-defense and hunting would have been wildly unpopular. Such a ruling would have polarized the nation. By contrast, Heller itself was met with widespread social approval. Far from creating a firestorm, it was mostly met with reactions ranging from relative indifference to enthusiasm.

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\(^{44}\) See Reva Siegel, Harv L Rev (forthcoming 2008).

\(^{45}\) [Link to polling report regarding public opinion on gun control](http://www.pollingreport.com/guns.htm); [Link to Gallup poll on public belief in Americans' right to own guns](http://www.gallup.com/poll/105721/Public-Believes-Americans-Right-Own-Guns.aspx).

\(^{46}\) [Link to Gallup summary on Americans' gun control](http://www.gallup.com/poll/27229/Gallup-Summary-Americans-Gun-Control.aspx).

\(^{47}\) Senator McCain responded as follows: “Today’s decision is a landmark victory for Second Amendment freedom in the United States. . . . I applaud this decision as well as the overturning of the District of Columbia’s ban on handguns and limitations on the ability to use firearms for self-defense.” See [Link to McCain’s response](http://time-blog.com/real_clear_politics/2008/06/mccain_reacts_to_scotus_gun_de.html).

Senator Obama’s reaction was this: “I have always believed that the Second Amendment protects the right of individuals to bear arms, . . . Today's ruling, the first clear statement on this issue in 127 years, will provide much-needed guidance to local jurisdictions across the country. As President, I will uphold the constitutional rights of law-abiding gun-owners, hunters, and sportsmen.” Id.
Of course the Court does not merely channel public opinion, and hence it is necessary to identify mechanisms that would link the Court’s recognition of a robust individual right to a period in which most people support that right.\textsuperscript{48} It is surely relevant here that the Court’s composition is determined by the views of the president (and, through the power to advise and consent, the Congress), and the Republican presidents who appointed the five-member Heller majority were strong supporters of a broad Second Amendment right.\textsuperscript{49} The fact that in 2008, the Court was willing to read the Constitution so as to safeguard that right had everything to do with the social and political context in which the Court wrote.

In short, I am suggesting that even if Heller accurately captured the original meaning, the Court’s willingness to do so cannot be explained in terms that point only to historical accuracy. In any number of areas—affirmative action, sex equality, property rights, commercial advertising—the Court could choose, but has not chosen, to be originalist. We also need to ask: Why originalism now, in particular? Why originalism here, in particular? The most sensible answers point to context and culture, and both of these strongly favored the Court’s conclusion.

\section*{III. Heller as Lochner}

In Lochner v. New York, the Court struck down a maximum hour law.\textsuperscript{50} The Court reasoned that freedom of contract is part of the “liberty” protected by the due process clause, and it found that the state’s police power did not extend to maximum hour regulation, which could not be justified as either a labor law or a health law.\textsuperscript{51} In so ruling, the Court attempted, in good faith, to justify its conclusion by reference to the standard legal materials.\textsuperscript{52} There is no reason to doubt that the Court’s members genuinely believed that the legal sources justified their conclusion. But it is now widely agreed that Lochner was a mistake and even a disgrace, because the Court could not claim adequate legal support for its conclusion and actually entrenched its own, controversial view of public policy.\textsuperscript{53} The general problem with the Lochner decision, thus understood, is captured in Justice Holmes’ dissenting suggestion that “the Constitution does not enact Mr. Herbert Spencer’s Social Statics.”\textsuperscript{54} After Heller, does

\begin{itemize}
\item \textsuperscript{48} For one account, see Edward Levi, \textit{An Introduction to Legal Reasoning} 3-6 (1949).
\item \textsuperscript{49} See views of Reagan; views of George H.W. Bush; views of George W. Bush.
\item \textsuperscript{50} 198 U.S. at 64.
\item \textsuperscript{51} Id. at 57-58.
\item \textsuperscript{52} Id. at 54-56.
\item \textsuperscript{53} For the Court’s own recognition of this point, see, e.g., Ferguson v. Scrupa, 372 U.S. 726 (1963). For one discussion, see Ronald Dworkin, \textit{Taking Rights Seriously} (1975) (criticizing Lochner for taking position on competing questions of policy).
\item \textsuperscript{54} 198 U.S. at 75. (Holmes, J., dissenting).
\end{itemize}
the Constitution enact the latest position paper of the National Rifle Association? The conclusions of the Republican party on gun control?

At first glance, it seems reckless to ask such questions or to see Heller as a modern incarnation of Lochner, because the Court took such pains to attempt to justify its approach by reference to constitutional text, structure and history. To know whether it is plausible to see Heller as Lochner, we need to know what the claim of analogy is meant to assert. On one view, which should be congenial to those who approve of Heller, the vice of Lochner consisted in a departure from the original meaning of the relevant text. On another, different view, the vice of Lochner consisted in invalidation of a statute when the constitutional text was ambiguous. Of course there are other possibilities, most prominently the view that the vice of Lochner consisted in an aggressive judicial posture in a context in which there was no particular reason to think that the democratic process was malfunctioning.

A. Originalism and Lochnerism

The Heller Court purported to be originalist, but many historians have concluded and even insisted that the Second Amendment does not create an individual right to use guns for nonmilitary purposes. On this view, the understanding enshrined in Heller is a product of the nation’s most recent decades, not the founding period.

In one of the most elaborate and detailed studies, Saul Cornell concludes that the Second Amendment right does not extend to nonmilitary uses of guns. He finds, for example, that the right did not cover the use of guns for purposes of hunting; in his account, the suggestion that it did cover such use was expressed on only one isolated occasion in the founding era, and even that reference, in a dissent in the Pennsylvania Ratifying Convention, was obscure. More generally, Cornell concludes that the “original understanding of the Second Amendment was neither an individual right of self-defense nor a collective right of the states, but rather a civic right that guaranteed that citizens would be able to keep and bear those arms needed to meet their obligation to participate in a well-regulated militia.” In Cornell’s view, the understanding endorsed in

55 There are many different accounts of the vice of Lochner; I emphasize conventional ones here. For discussion of what might be wrong with Lochner, see JOHN HART ELY, DEMOCRACY AND DISTRUST: A THEORY OF JUDICIAL REVIEW (1983); Cass R. Sunstein, Lochner’s Legacy, 84 COLUM. L. REV. (1984); David A. Strauss, Why Was Lochner Wrong?, 70 U. Chi. L. REV. 373 (2003).
57 Id. at
58 Cornell, supra note.
Heller is simply wrong; the Second Amendment, as originally understood, did not create a right to have guns for nonmilitary purposes.

Similarly, Jack Rakove, one of the most careful students of the period, concludes that the purpose of the Second Amendment was merely to affirm “the essential proposition—or commonplace—that liberty fared better when republican polities relied upon a militia of citizen-soldiers for their defense, rather than risk the dire consequences of sustaining a permanent military establishment.” Rakove believes that the Second Amendment must be understood in the context of the effort to preserve state militias; he rejects a broader understanding of the right created by the amendment. Rakove flatly rejects the position adopted by the Court in Heller.

In his dissenting opinion in Heller, Justice Stevens outlines the narrower reading of the Second Amendment, focused on military uses of firearms, in considerable detail and with detailed references to the primary and secondary material. The much more important point is that many historians believe that he is right. The Heller Court itself relied on numerous academic writings by law professors, but few members of that group are trained historians. More commonly, they are advocates with a rooting interest in one or another position. There is a marked difference (in my view) between the care, sensitivity to context, and relative neutrality generally shown by historians and advocacy-oriented, conclusion-driven, and sometimes tendentious treatments characteristic of academic lawyers on both sides of the Second Amendment debate. As Rakove writes, “historical operations in the Second Amendment theater of combat are often mounted by campaigners not intimately familiar with the terrain. These are raiders who know what they are looking for, and having found it, they care little about collateral damage to the surrounding countryside that historians better know as context.” Law-office history plays a large role in the law reviews and, thanks to Heller, on the pages of the United States Reports. Notwithstanding the impressive detail of the competing arguments by the Court and Justice Stevens, the subtlety, nuance, acknowledgement of counterarguments, and (above all) immersion in founding era debates, characteristic of good historical work, cannot be found in Heller.

59 Jack Rakove, The Second Amendment: the Highest Stage of Originalism, 76 CHI. KENT L. REV. 103, 158 (2001). In the process of supporting this argument, Rakove offers a sharp challenge to influential work by academic lawyers. See id. at 156-159.
61 Heller, 128 S. Ct. at 2831-42.
62 See id. at 2789, 2795, 2798-99, 2803, 2820, 2848-49, 2866.
63 Rakove, supra note, at 105.
This should not be a surprise. No member of the Court is a historian. None can claim to be anything like a true specialist in the founding period. In these circumstances, it is more than a little disturbing to find that the most conservative members of the Court concluded, apparently with great confidence, that the Second Amendment creates a robust individual right, whereas the less conservative members of the Court concluded, apparently with equal confidence, that the Second Amendment does no such thing. In these circumstances, Heller is plausibly taken as a great triumph less for historical recovery than for a social movement determined to create a robust right to use guns.

At the same time, it must be acknowledged that the analogy to Lochner is highly imperfect, at least if we see Lochner as a case that was wrong because it so plainly defied the original meaning. The Lochner Court did not take pains to defend its decision in textual and historical terms terms, and it is most doubtful that the decision could be so defended. By contrast, Heller offers ample detail on the original meaning, and Heller could be so defended, notwithstanding the existence of intense debate. For this reason, the analogy to Lochner seems to fail if we understand the analogy to be based on a judgment that the twentieth century Court flagrantly departed from originalist methodology, properly applied.

B. Thayerism and Lochnerism

It is not standard, however, to say that the flaw of Lochner was that it departed from originalism. Let us understand Lochner in a different way, one that emphasizes the analysis in one of the greatest and most influential essays in the history of American law, (and one that has received a prominent and powerful modern defense). In that essay, James Bradley Thayer argued that courts should uphold national legislation unless it is plainly and unambiguously in violation of the Constitution. Thayer noted that because the American Constitution is often ambiguous, those who decide on its meaning must inevitably exercise discretion. Laws that “will seem unconstitutional to one man, or body of men, may reasonably not seem so to another; . . . the constitution often admits of

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64 This point raises a general problem for originalism: If the Constitution is to be construed in accordance with the original public meaning, there is a serious question whether lawyers are competent for the task.
different interpretations; . . . there is often a range of choice and judgement." In Thayer’s view, “whatever choice is rational is constitutional.”

Thayer’s argument, in brief, was that courts should strike down laws only “when those who have the right to make laws have not merely made a mistake, but have made a very clear one,—so clear that it is not open to rational question.” The question for courts “is not one of the mere and simple preponderance of reasons for or against, but of what is very plain and clear, clear beyond a reasonable doubt.” In so arguing, Thayer emphasized two points. The first is the fallibility of federal judges. When judges conclude that a law is unconstitutional, they are of course relying on their own interpretation, and they might be wrong. Judges are learned in the law, certainly. But should we conclude that judicial interpretations are necessarily correct?

Thayer’s second point was that a strong judiciary might harm democracy itself. He feared that if judges become too aggressive, the moral responsibilities of elected officials might weaken. Thayer lamented that “our doctrine of constitutional law has had a tendency to drive out questions of justice and right, and to fill the minds of legislators with thoughts of mere legality, of what the constitution allows.” Indeed things have often been worse, for “even in the matter of legality, they have felt little responsibility; if we are wrong, they say, the courts will correct it.” Thayer sought to place the responsibility for justice on democracy, where it belongs. “Under no system can the power of courts go far to save a people from ruin; our chief protection lies elsewhere.” Modern Thayerians might well emphasize this point in the context of the Second Amendment as elsewhere, suggesting that regulation of guns raises complex moral and pragmatic considerations, and these should be engaged directly, and not as a matter of “mere legality.”

On a Thayerian view, the problem with the Lochner decision was that the Court invalidated legislation even though the constitutional infirmity was far from plain. On this view, Heller runs exactly into the same problem. We have seen that reasonable people, including reasonable historians, fiercely debate the meaning of the Second Amendment and that the view defended by Justice Stevens—that the right extends only to military uses of guns—is hardly without support. In these circumstances, Thayerians will insist that the Court owed a duty of respect to a democratic judgment.

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68 Id. at 144.
69 Id. at 144.
70 Id. at 144.
71 Id. at 151.
72 Id. at 155.
73 Id. at 155-56.
74 Id. at 156.
C. Guns, Carolene Products, and Politics

It is true that the Thayerian reading of Lochner cuts very broadly, and, for most observers, unacceptably so. If Thayer was right, Heller is surely wrong, but the same must be said about many other decisions accepted by most of Heller’s likely critics, including (for example) Brown v. Board of Education (banning racial segregation), Califano v. Goldfarb (striking down sex discrimination), and Boumediene (vindicating right to habeas corpus). Almost no one is a universal Thayerian. If Heller is to be treated as a modern incarnation of Lochner for less-than-universal Thayerians, then we must specify a less-than-universal domain for Thayerism, one that would reject both decisions, but allow a more aggressive judicial approach in many areas. In the most famous footnote in all of constitutional law in Carolene Products, the Court suggested such a possibility, indicating a more aggressive approach would be justified when there was some kind of defect in majoritarian processes. John Hart Ely’s Democracy and Distrust elaborates an approach of this kind, which is supported by an illuminating footnote from Justice Stevens as well.

On this view, the Thayerian view is generally correct, but a more intrusive approach from the Court is justified (only) when the democratic process is not functionally well, in the sense that certain rights and groups are at particular risk. Perhaps an aggressive approach can be justified in (for example) sorting out ambiguities in the Equal Protection Clause in Brown, but not in sorting out ambiguities in the Second Amendment in Heller. There is no special reason for an aggressive judicial role in

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75 347 U.S. 483 (1954)
78 The word “almost” is necessary because of ADRIAN VERMEULE, JUDGING UNDER UNCERTAINTY (2006).
79 U.S. v. Carolene Products, 304 U.S. 144, 153 n.4 (1938) (“[P]rejudice against disceret and insular minorities may be a special condition, which tends seriously to curtail the operation of those political processes ordinarily to be relied upon to protect minorities, and which may call for a correspondingly more searching judicial inquiry.”).
80 See JOHN HART ELY, DEMOCRACY AND DISTRUST (1983).
81 Heller, 128 S. Ct. at 2846 n.39 (“It was just a few years after the decision in Miller that Justice Frankfurter (by any measure a true judicial conservative) warned of the perils that would attend this Court's entry into the “political thicket” of legislative districting. The equally controversial political thicket that the Court has decided to enter today is qualitatively different from the one that concerned Justice Frankfurter: While our entry into that thicket was justified because the political process was manifestly unable to solve the problem of unequal districts, no one has suggested that the political process is not working exactly as it should in mediating the debate between the advocates and opponents of gun control. . . . It is, however, clear to me that adherence to a policy of judicial restraint would be far wiser than the bold decision announced today.”) (citations omitted).
protecting against gun control, in light of the fact that opponents of such control have considerable political power, and do not seem to be at a systematic disadvantage in the democratic process. The Carolene Products approach offers no support for Heller. Indeed, the widespread commitment to an individual right to own guns itself operates as a safeguard against excessive or unjustified gun control laws.

The Carolene Products approach is of course controversial, especially to those who favor the originalist methodology of Heller. To those who embrace originalism, judges must follow that methodology, and considerations involving deference to the democratic process, or its limits, are irrelevant. At this point we seem to have reached a dead end. On some accounts of what was wrong with Lochner, Heller is analogous. The question is whether those accounts are the right ones.

IV. Heller as Griswold

In Griswold, the Court protected an individual right that enjoyed broad popular support, at the expense of a law that counted as a national outlier. In Heller, the Court did the same thing. In Griswold, the Court proceeded in minimalist fashion, with its holding focusing narrowly on the law before it. The same is true of the Court’s approach in Heller. Just as Griswold reflected a kind of privacy minimalism, Heller signals the likelihood of Second Amendment minimalism. These conclusions have strong implications for the future development of Second Amendment doctrine.

A. Rationalizing Griswold

In Griswold, the Court struck down Connecticut’s ban on the use of contraceptives by married couples.82 The Court struggled mightily to find a textual source for its conclusion. It explored a range of provisions that might be seen to protect some kind of “privacy,”83 and it urged that the right to use contraceptives falls within “penumbras” or “emanations” from the Bill of Rights.84 But constitutional provisions have domains, not “penumbras” or “emanations,” and hence almost no one defends Griswold as originally written. It is an understatement to say that Court’s analysis has not survived the test of time.85

82 381 U.S. at 485.
83 Id. at 482-83.
84 Id. at 484.
85 See, e.g., Lawrence v. Texas, 539 U.S. 558 (2003) (understanding sexual privacy as part of liberty, and not stressing penumbras and emanations).
Three other rationales for Griswold have received respectful attention. The first, pressed by Alexander Bickel, emphasizes desuetude. The Connecticut law at issue was enacted long before the Court’s decision; it was not much enforced; and under these circumstances, it might be taken to have “lapsed.” To be sure, a great deal of work must be done to show how this idea can be made to justify Griswold on constitutional grounds; no constitutional provision declares statutes invalid because they are infrequently enforced, anachronistic, or both. But perhaps the Due Process Clause, in its purely procedural sense, is sufficient. Perhaps it could be said that a law violates that clause if it is so wildly out of step with prevailing social norms that its enforcement is necessarily sporadic and therefore unpredictable, in a way that compromises the rule of law.

The second rationale, pressed by Justice Harlan, emphasizes the grounding of substantive due process in tradition. Perhaps the sanctity of marriage is honored by tradition, and perhaps the tradition, which should not be taken as static, is fatally inconsistent with the Connecticut law. On this view, substantive due process is rooted in longstanding social understandings, and the tradition of respect for marital privacy requires a powerful justification for any intrusion. The underlying claim might be that courts should not be licensed to define “liberty” as they see fit, and that if a certain conception of liberty is sanctified by tradition, it has a kind of epistemic credential.

A third rationale, pressed by Judge Richard Posner, is that the Connecticut law was fatally out of step with the national consensus. On this view, the Griswold Court was acting to vindicate that consensus against an outlier. Here too, of course, a great deal of work would be necessary to demonstrate why and when the Due Process Clause should be construed to give authority to a national consensus, or to raise serious doubts about national outliers. Perhaps the basic claim is that if a law is a genuinely outlier, there is reason to doubt whether it is grounded on a firm foundation; an intrusion on liberty that lacks anything like broad support might lack epistemic credentials, simply because and to the extent that it is so unusual. On this view, Judge Posner’s approach is a close cousin of Justice Harlan’s.

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88 For discussion, see id.
90 Id. at 553.
The Court itself has often rooted its analysis in Justice Harlan’s approach, but Judge Posner’s understanding of Griswold fits well with a broader fact about the arc of constitutional law. The Court rarely speaks in terms of insistence on a national consensus, or even in terms of responsiveness to what most people think. But the development of doctrine, over time, unquestionably shows that kind of responsiveness. As a clear example, very much in line with this understanding of Griswold, consider Lawrence v. Texas. In that case, the Court was even willing to invoke “an emerging awareness that liberty gives substantial protection to adult persons in deciding how to conduct their private lives in matters pertaining to sex” in invalidating a ban on same-sex sexual relations. But both historians and political scientists have shown that the connection between judicial rulings and public convictions is far more pervasive. Consider Brown v. Bd. of Education, invalidating racial segregation; Loving v. Virginia, striking down bans on racial intermarriage; Reed v. Reed, inaugurating the constitutional attack on laws discriminating on the basis of sex; Craig v. Boren and United States v. Virginia, cementing the ban on such laws; and Romer v. Evans, striking down a highly usual Colorado law discriminating on the basis of sexual orientation. In these cases, and many more, it would be reasonable to suggest that the Court’s decision was, in an important sense, insisting that states must obey a national consensus.

It is easy to see Heller in the same light. As I have noted, a strong majority of Americans now supports the individual right to own guns for nonmilitary purposes. At the same time, the law at issue in Heller was among the most draconian in the nation—a genuine national outlier. The Heller Court might be understood as reacting to the D.C. law in the same way that the Griswold Court reacted to the Connecticut law, with

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96 Id. at 571. In cases involving cruel and unusual punishment, the Court frequently speaks in terms that take account of the practice of most states, and that raises doubts about national outliers. See, e.g., Roper v. Simmons, 543 U.S. 551 (2005); child rape case.

97 Klarman, supra note.

98 Dahl, supra note.


100 388 U.S. 1 (1967).


105 See note supra.

106 Citation needed.
skepticism about an intrusion that departs so radically from the general practice and hence the national consensus.\textsuperscript{107} Recall here that both presidential candidates—John McCain and Barack Obama—responded to the Heller decision with statements reflecting their support for the Court’s conclusion.\textsuperscript{108}

To be sure, there are significant differences between the Connecticut law at issue in Griswold and the District of Columbia law at issue in Heller. The Connecticut provision was old, making the claim of desuetude plausible,\textsuperscript{109} and the Griswold Court could even have been said to have engaged in a project of “modernization,” in a way that fits with some general tendencies in constitutional law.\textsuperscript{110} By contrast, the District of Columbia provision was new, suggesting that the Court was not merely vindicating a national judgment but also challenging a departure from standard understandings of appropriate gun control legislation. A doctrine that would authorize an attack on anachronistic laws raises quite different considerations from a doctrine that would authorize a challenge to recent departures and innovations. In this respect, Bickel’s understanding of Griswold offers no help in Heller. What I am suggesting is a more general point: Heller is quite similar to Griswold in the critical sense that both decisions operate in accordance with a national consensus at the expense of a law that counted as a sharp deviation from it.

It is also true that the District of Columbia law at issue in Heller could have been overridden by Congress at any time, unlike most state enactments. If Congress enacts a law that intrudes on privacy, or that regulates guns, it would be singularly odd to invalidate that law as a “national outlier.” But there is a large difference between a national enactment from Congress and an enactment governing the District of Columbia. The latter enactments reflect political pressures and dynamics that are not genuinely national but that reveal the distinctive pressures and concerns that produce outcomes for the District. When Congress fails to override the law of the District, its inaction cannot plausibly be taken as a reflection of national will. In these circumstances, it is perfectly legitimate to treat legislation for the District as a kind of state law, and to conclude that for better or for worse, it may indeed count as a national outlier.

\textsuperscript{107} There is of course an objection to this position, invoking federalism and the legitimacy of differences across states; I will turn to this objection in due course. \textit{See infra.}

\textsuperscript{108} \textit{See note supra.}

\textsuperscript{109} \textit{See also} Lawrence, 543 U.S. at 568-70.

B. Question and Puzzles

Of course this understanding of the Court’s role raises many questions and doubts. The first is empirical: What mechanisms link constitutional doctrine to a national consensus? The most obvious answer points to the appointments process. That process ensures that the views of the justices have some connection to political will. But as we have seen, there is a further point. Justices lives in society, and they are inevitably influenced by what other people in society think. While judicial rulings are hardly a direct product of public opinion, there are clear links between what justices do and what the public thinks. Notwithstanding the Court’s emphasis on what it took to be the original understanding, Heller is a clear example.

There are also normative questions: Why does a national consensus matter? Why is it relevant to the due process clause, the Second Amendment, or anything else? Why and when should the Court strike down national outliers, rather than permitting them as a form of legitimate and even desirable experimentation? As I have suggested, the consensus may have epistemic value; if most people believe that X is true, X is may well be true, at least under favorable conditions. At least it might be said that if a national consensus supports some kind of individual right to own guns, the risks associated with recognition of that right are not likely to be terribly high. For purposes of law, the relevance of this point depends on the appropriate theory of constitutional interpretation. Originalists will be puzzled about the idea that a national consensus matters unless the original understanding suggests that it does.

There are also legitimate questions about federalism, experimentation, and divergent norms. Certainly national outliers cannot be said to be invalid as such. If the District of Columbia seeks to embark on a path that differs from that of Montana and Georgia, or for that matter that is unique or nearly so, should we not acknowledge the possibility (likelihood!) that it is responding to the distinctive values and information of its own citizens and representatives, in a way that deserves respect? Today’s outlier is tomorrow’s norm. But prominent theories of interpretation do make a place for public will, most plausibly on the theory that at least in some domains, widespread social convictions convey information about the proper content of rights. Indeed, judicial reliance on such convictions might even be counted as a form of “popular

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112 See Dahl, supra note; Public Opinion and Constitutional Controversy (Nathaniel Persily et al. eds. 2008).
113 Relayed issues are discussed in detail in Sunstein, A Constitution of Many Minds, supra note.
constitutionalism.”115 Both Griswold and Heller (and Brown, and Lawrence, and Reed v. Reed, among many others) can be seen as reflections of popular constitutionalism, even if the Heller Court hardly spoke in those terms.

Even if so, a related problem remains: Could the Court have defended its opinion in the terms sketched here? Could it have done so in Griswold? Surely it is revealing that the Court did not attempt to do so in either case—and that it is unusual for the Court to acknowledge the relevance of the national consensus.116 Suppose that we accept the publicity principle, in accordance with which public institutions should not root their judgments in considerations that they could not defend in public.117 If so, the Court ought not to resolve cases by reference to arguments that it could not justify publicly. The only possible response to this objection is that in at least some variation, the approach I am sketching could indeed be offered by the Court.118 Indeed, I am willing to predict that in some domains, it will be offered in the future. And even when a national consensus is not explicitly invoked, it is often at work.

There is an important historical difference to be pondered as well. Heller is the product of a mature current of constitutional thought, spurred by private groups but also by committed academics, that had clearly become prominent in nationwide politics and culture and that, by 2008, had established itself as thoroughly mainstream.119 In sharp contrast, Griswold was the result of an early effort by an incipient movement for reproductive rights and sex equality that had yet to become highly visible on the nation's cultural viewscreen.120 In this sense, Heller has far more in common with Brown v. Board of Education than with Griswold—in the particular sense that Brown, like Heller, was the culmination of a long process of advocacy, in a self-conscious effort to entrench a certain understanding of the Constitution in the interest of social reform.121 In short, Heller and Griswold have distinctive sociologies. While the two are both responsive to public convictions, the cultural backdrop for the two decisions was radically different.

116 The Court occasionally does refer to such a consensus in the Eighth Amendment context, see, e.g., Roper v. Simmons, 543 U.S. 551 (2005), and Kennedy v. Louisiana, U.S. (2008), but there is a textual hook for that approach (“unusual”). See also Lawrence v. Texas, 539 U.S. 558 (2003) (also referring to national consensus).
121 On Brown, see Richard Kluger, Simple Justice (2d ed. 2006).
Finally, there is a question about judicial competence: How will the Court identify the national consensus, if it is relevant? Ought the justices to consult opinion polls? To survey state law? I cannot answer such questions here. The goal is to understand Heller, not to defend it. My principal suggestion is that in its vindication of national commitments against a provision that starkly departed from it, Heller is closely analogous to Griswold.

C. Heller’s Minimalism

Griswold was a conspicuously minimalist opinion. Despite the breadth of its rhetoric, the Court narrowly focused on the particular provision at issue. The decision focused on the right to use contraceptives within marriage. The Court did not resolve or even speak to the question whether there is a right to purchase contraceptives within marriage; whether any right to use or purchase contraceptives applies outside of marriage; and whether any such right is part of a right to sexual activity as such. And notwithstanding its apparent sweep, the Heller Court’s opinion has unmistakable minimalist elements. To be sure, the opinion displays a high degree of theoretical depth; with its originalist path, the Court did not seek an incompletely theorized agreement on its approach. But the Court focused the key parts of its analysis on the particular provisions at issue.

Most obviously, the Court suggested that the Second Amendment right has clear limitations. In the Court’s words, “nothing in our opinion should be taken to cast doubt on longstanding prohibitions on the possession of firearms by felons and the mentally ill, or laws forbidding the carrying of firearms in sensitive places such as schools and government buildings, or laws imposing conditions and qualifications on the commercial sale of arms.” To this the Court added that “the sorts of weapons protected were those ‘in common use at the time.’” In its view, “that limitation is fairly supported by the historical tradition of prohibiting the carrying of ‘dangerous and unusual weapons.’” It follows that certain unusual or especially dangerous weapons, such as sawed-off shotguns, would be outside of the domain of the Second Amendment. In these ways, the Court specified the validity of a number of actual or imaginable limitations on the right.

To be sure, these disclaimers are not, precisely, a form of minimalism; they do not

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122 On minimalism in general, see Cass R. Sunstein, One Case at a Time (1999).
123 On the distinction between narrowness and shallowness, see id. at 128 S. Ct. at 2817-19.
124 Id. at 2816-17.
125 Id. at 2817 (quoting U.S. v. Miller, 307 U.S. 174, 179 (1939).
126 Id. at 2817.
leave the nature of the right unclear. They trim, rather than refusing to decide. 128 But the Court acknowledged that its decision was, in some respects, quite narrow and that much remains to be resolved. After offering an account of measures on which it did not mean to cast doubt, the Court added an important footnote: “We identify these presumptively lawful regulatory measures only as examples; our list does not purport to be exhaustive.” 129 In addition, the Court was sensitive to Justice Breyer’s objection that its ruling left a great deal open: “[S]ince this case represents the Court’s first in-depth examination of the Second Amendment, one should not expect it to clarify the entire field.” 130 To support this point, the Court referred to its first decision involving religious liberty, Reynolds v. United States, acknowledging, with understatement and perhaps a degree of irony, that the Court’s ruling there did not “leave that area in a state of utter certainty.” 131

Notwithstanding the Court’s emphasis on historical markers, it is emphatically true that Heller leaves many questions open. To be sure, the Court squarely rejected case-by-case interest-balancing, urged by Justice Breyer. 132 But consider three fundamental issues that the Court did not resolve. (a) The Court did not decide whether the Second Amendment is incorporated by the Fourteenth Amendment and thus made applicable to the states. 133 (b) The Court did not settle on a level of scrutiny for limitations on the Second Amendment right. 134 (c) The Court did not come close to specifying the scope of the right. We know that “dangerous and unusual weapons” can be forbidden, and that this idea undergirds the conclusion that “the sorts of weapons protected were those ‘in common use at the time.’” But how, precisely, does this idea bear on modern questions, especially in light of the fact that weapons are necessarily modern ones? The Court’s answer here is opaque: “And there will be time enough to expound upon the historical justifications for the exceptions we have mentioned when and if those exceptions come before us.” 135 Rejecting interest-balancing, the Court did say that the Second Amendment “elevates above all other interests the right of law-abiding, responsible citizens to use

130 Id. at 2821.
131 Id.
132 Id.
133 In an opaque passage, the Court said, “With respect to [the nineteenth-century case of U.S. v.] Cruikshank’s continuing validity on incorporation, a question not presented by this case, we note that Cruikshank also said that the First Amendment did not apply against the States and did not engage in the sort of Fourteenth Amendment inquiry required by our later cases. Our later decisions in Presser v. Illinois (1886) and Miller v. Texas (1894) reaffirmed that the Second Amendment applies only to the Federal Government.” 128 S. Ct. at 2813 n.23.
134 128 S. Ct. at 2817 & 2821.
135 Id. at 2821.
arms in defense of hearth and home.” But what, exactly does that abstract phrase mean? How will it be specified in the future? The Court did not say.

D. Evaluating Heller as Griswold

We have seen that on purely originalist grounds, the question resolved in Heller was not straightforward, and reasonable people believe that the Court was wrong. In these circumstances, the Court might have used two tiebreakers. First, it might have emphasized the importance of respecting longstanding practices by federal and state legislatures and by federal courts, which seemed to suggest that the Second Amendment right is limited to military uses of guns. That understanding of the amendment was unambiguously reflected in numerous lower federal court decisions, so much so as to represent an entrenched view. The same view seemed to fit with many legislative practices as well. For followers of Edmund Burke, who believe less in the original meaning that in the need to follow social understandings over time, the legislative and judicial practices might well have been invoked to reject a right to use guns for nonmilitary purposes.

Second, the Court might have concluded that for Thayerian reasons, the Court should have allowed the democratic process room to maneuver, at least in the face of reasonable doubt. Without any particular democratic malfunction, specially justifying judicial intervention, and without any kind of claim on the basis of Carolene Products, a Thayerian approach had considerable appeal. Such an approach receives additional support from the fact that Heller will inevitably require federal courts, with limited guidance from Heller itself, to play an exceedingly difficult role in assessing the predictably numerous challenges to gun control legislation. Perhaps the Court should have adopted a narrower interpretation of the Second Amendment that was, at the least, textually and historically plausible, and that would prevent the federal judiciary from entering an unusual political thicket in which the democratic process does not seem to be working poorly.

There is, however, an important countervailing consideration. For the last decades, and perhaps for much longer, a robust individual right to use guns has become an entrenched part of American culture. Many Americans believe that this right is both

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136 Id.
137 See Tushnet supra note.
138 See the recitation in Justice Stevens’ dissenting opinion.
139 See Tushnet, supra note.
141 For different but illuminating perspectives, see Cornell, supra note; JOAN BERBICK, *GUN SHOW NATION: GUN CULTURE AND AMERICAN DEMOCRACY* (2007).
fundamental and essential—as much so, in its way, as the right to freedom of speech. They believe that the right to have guns is a crucial safeguard against private threats and even against government itself. Gun ownership is, for them, the ultimate form of security—an essential part of their identity and self-understanding. About forty million Americans—more than one in eight—are gun owners. In these circumstances, it is no light thing for the Supreme Court to announce that tens of millions of Americans are simply mistaken, and that they hold their guns only at the government’s sufferance.

Of course it is legitimate to ask whether this consideration is important or even relevant. Should the Supreme Court interpret the Constitution to create rights simply because people understand the Constitution to create rights—and would be offended or worse if the Court failed to do so? After all, the Court did not recognize a right to social security benefits or to obscene materials or to certain kinds of property protection, even though millions of Americans insist, with great conviction, that they have such rights. But the right to have guns is different. It has a unique status in contemporary American culture; it has been recognized as such, and with great intensity, by citizens and politicians of both parties. An interpretation of the founding document that denied the right would likely create a kind of public outrage, political polarization, and social disruption, that has not been seen in many decades. Out of respect for the intensely felt convictions of millions of Americans, and with concern for the risks associated with that disruption, perhaps the Court should hesitate before denying the right.

In these circumstances, Heller starts to look even more like Griswold; recall that the latter case involved the right to marital intimacy, which (not to put too fine a point on it) is also understood to be fundamental by millions of Americans. In many ways, Heller is even more defensible than Griswold on the ground I am exploring. As I have emphasized, it is certainly true that the Court did not write in these terms, and it would be speculative in the extreme to suggest that any member of the Court even thought about the Second Amendment question in this way. I am not contending that the explanation I am offering is, in the end, sufficient. In the end, however, I believe that that explanation provides the strongest basis for understanding what made Heller possible—and it also offers a ground for seeing what makes Heller appealing.

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E. A Note on Implications

What might be expected for the future? The three analogies offer competing answers. If Marbury, understood in originalist terms, provides the right analogy, then we should expect courts to follow an emphatically historicist course, in which the goal of judges, acting as amateur historians, is to transplant the original understanding to modern problems. This approach is consistent with the thrust of Heller itself, but it presents serious conceptual problems, and it is possible that the originalist inquiries will mask judgments that have a pragmatic component and that are driven by a sense of consequences and justifications. The more general point is that if Marbury, as understood here, is the analogy, the text, understood in light of the history, will be the actual as well as articulated foundation for future decisions, and the scope of the Second Amendment right will turn on history.

If Heller is to be a rerun of Lochner, then we should expect serious and continuing conflicts between the Court and the political process, with a series of politically controversial invalidations. If the Court does not track but instead defies popular convictions, the Lochner analogy will be closer. To be sure, it is not imaginable that the Second Amendment would be taken to create the same kinds of obstacles to democratic initiatives as did the due process clause in the Lochner era, if only because the scope of the Second Amendment is so much more limited. But it is at least imaginable that judicial invalidations of gun control laws will be frequent in the next decade and more.

If the analogy to Griswold holds, the path of the Second Amendment right will be similar to the path of the privacy right. Despite the Heller Court’s emphatic rejection of interest-balancing, we should expect a long series of case-by-case judgments, highly sensitive to particulars. The law will follow a minimalist path. Many judges will speak in originalist terms, but contemporary reason and sense, as the judges understand them, will pay crucial roles. If Heller is analogous to Griswold, the Court will not use the Second Amendment aggressively as a basis for striking down many gun control laws. Instead it will proceed cautiously, upholding most of the laws now on the books and invalidating only the most draconian limitations. It is very early, to be sure, but thus far, the lower courts are taking exactly this path.

It should go without saying that as with the right to privacy, judicial appointments

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147 See note supra.
148 I am greatly oversimplifying the Lochner era here. Though the Court did strike down important legislation, it also allowed considerable room for the police power. For discussion, see GEOFFREY STONE ET AL., CONSTITUTIONAL LAW (5th ed. 200X).
will be crucial. After all, if Bush v. Gore\textsuperscript{150} had been decided differently, it is most likely that District of Columbia v. Heller would have been decided differently as well.\textsuperscript{151}

IV. Conclusion

Heller is the most explicitly and self-consciously originalist opinion in the history of the Supreme Court. Taken at face value, its oldest salient precursor seems to be Marbury, in which the Court also rested its decision on constitutional text and structure. I do not believe, however, that Heller can be adequately understood in this way. The relevant materials are ambiguous rather than clear; no member of the Court is a trained historian, and much of its opinion sounds like advocacy, or law-office history\textsuperscript{152}; in the historical debate, the Heller opinion might have been wrong. In any event, it remains necessary to explain what made it possible for Heller to be issued in 2008, when it would not have been imaginable in 1958, 1968, 1978, or even 1988.

Skeptics will be tempted to see Heller as a triumph of politics and a defeat for law. On their view, the Court’s detailed exploration of text and history is a smokescreen for a position that has been pressed hard by interest groups and political activists, that the Republican Party enthusiastically endorses, and that Republican appointees are likely to find congenial. If this view is correct, the most salient precursor is not Marbury but Lochner. This view can claim support from the fact that the Court was split along ideological lines; it was the most conservative members of the Court accepted the robust understanding of the Second Amendment right. But purely on the original understanding, Heller stands on plausible grounds—far more so than did Lochner. The Court did not, and could not, defend the invalidation of maximum hour laws by reference to text, structure, and history. At the very least, the Heller Court made a sustained effort to do so. If the flaw of Lochner consists in the Court’s invocation of ambiguous constitutional text to strike down legislation, then Heller is indeed close to Lochner. But few people believe that it is always illegitimate for the Court to strike down legislation when and because the relevant provision of the Constitution is ambiguous. For those believe in a democracy-reinforcing approach to judicial review, Lochner and Heller will seem closely analogous.

At first glance, it is jarring to suggest that Heller is a modern counterpart to Griswold. The two decisions seem to come from different jurisprudential universes. In originalist terms, there is nothing like a simple or clear defense of Griswold, and it would

\textsuperscript{150} 531 U.S. 98 (2000).

\textsuperscript{151} If the arc of constitutional history is a guide, judicial appointments are only a part of the picture; perceived public convictions matter as well. See Dahl, \textit{supra} note; Klarman, \textit{supra} note.

\textsuperscript{152} Consider Jack Rakove’s suggestion that “neither of the two main opinions in Heller would pass muster as serious historical writing.” http://balkin.blogspot.com/2008/06/thoughts-on-heller-from-real-historian.html
not be possible to produce a Heller-style opinion on its behalf. Nonetheless, the two rulings have a great deal in common. Both were made possible by a national consensus, which they simultaneously reflected. Both struck down a law that amounted to a national outlier. Despite their sweeping rhetoric, both had important minimalist features, ensuring that the content of the relevant right will be specified over time. It is clear that as it has developed, the right to privacy has had a great deal to do with contemporary convictions, not with the judgments of those long dead. Notwithstanding Heller’s barely qualified originalism, I believe that the same will prove true of the right to bear arms. We have entered a period of Second Amendment minimalism.

\[153\] See the Court’s notation: “Some have made the argument, bordering on the frivolous, that only those arms in existence in the eighteenth century are protected by the Second Amendment. We do not interpret constitutional rights that way. . . . [T]he Second Amendment extends, prima facie, to all instruments that constitute bearable arms, even those that were not in existence at the time of the founding.” \textit{Heller}, 128 S. Ct. at 2791. It is not clear, of course, that this passage is properly counted as a qualification of originalism.